

# JOYFUL PARENTING

CAMP OUT IN THE BACK YARD ACT SILLY CLIMB TREES

Dance in the rain Have a water balloon fight

Eat the cookie dough PLAY "THIS LITTLE PIGGY WENT TO MARKET"

Paint each others faces Go through memory lane by looking at old photos

MAKE IT MAGICAL LAUGH AT THEIR JOKES SWING IN A HAMMOCK

**HUG OFTEN!** Take turns saying tongue twisters

**BE FUN!** THANK YOUR CHILD FOR WHO THEY ARE

Say yes often Get messy BUILD PAPER AIRPLANES

Go on a lunch date Make Mistakes Soak in your child's stories

EMBRACE THIS TIME DECORATE THE FOOTPATH WITH CHALK

Fly a kite Give butterfly kisses DESIGN A T-SHIRT

Be a pirate for a day EXERCISE TOGETHER!

Collect shells Go on a bug safari Make eye contact

CREATE ART TOGETHER Tickle CREATE MUSIC

Play in the rain JUMP IN PUDDLES Explore

GO FOR A BUSH WALK Blow bubbles Play hide and go seek

Make every moment count! PLAY PRETEND Make masks

Read them that extra story Play horsey

Sing songs Have picnics in the house

MAKE A FORT WITH BLANKETS Play in the mud

Make lemonade Jump on the trampoline

Practice gratitude together PLAY DRESS UPS

HAVE DANCE PARTIES Play card games

Play board games HAVE A WATER PISTOL FIGHT

YOUR CHILDREN WILL BECOME WHO YOU ARE; SO BE WHO YOU WANT THEM TO BE

IF YOU CAN ONLY GIVE YOUR CHILD ONE GIFT - LET IT BE ENTHUSIASM